

Theme/Concept	(KS2)	Year 7	Year 8	Year 9	Year 10	Year 11
Health & Wellbeing	<p><i>Being safe</i></p> <p><i>Mental wellbeing</i></p> <p><i>Physical health and fitness</i></p> <p><i>Healthy eating</i></p> <p><i>Drugs, alcohol and tobacco</i></p>	<p>Identity Transition to secondary Self-confidence Self-esteem Personal strengths Puberty Radicalisation</p>	<p>Mental Health Resilience Impact of media & social media Judgement Emotions Mental health stigma Available support</p>	<p>Emotional Wellbeing Internal & external influence Positive & negative coping strategies Empathy Supporting others Managing change & loss</p>	<p>World of Work Labour market & international work Employment sectors & types of work Apprenticeships Work experience Employability & CVs ICT skills Personal strengths Range of opportunities Addressing stereotypes Advice & guidance available Post-16 taster days</p>	<p>Preparing for adulthood Post-16 choices Changing interests & options Career identity Career changers</p>
	<p><i>Health and prevention</i></p> <p><i>First Aid</i></p> <p><i>Changing adolescent body</i></p>	<p>Healthy Lifestyle School-life balance Physical activity Sleep Diet (inc. alcohol) Dental health Personal hygiene Online time Informed choices Risks of FGM</p>	<p>Personal Safety Basic First Aid CPR & defibrillators Responsibility for personal health Drugs, alcohol & tobacco Self-harm Body image & eating disorders Homelessness</p>	<p>Influences on health Health services available Sexual health & STIs Fertility & pregnancy Substances misuse Gambling The law Peer-pressure Unhealthy behaviours</p>	<p>Healthy Choices Health services Blood, organ, stem cell donation Personal responsibility Diet Addiction Risks of cosmetic procedures Influence of media</p>	<p>Managing Anxiety & Stress Recognising warning signs Pre-empt & respond Depression Positive & negative coping strategies Supporting others in crisis</p>
Relationships	<p><i>Families and people who care for me</i></p> <p><i>Caring friendships</i></p> <p><i>Respectful relationships</i></p>	<p>Friendships & Family Personal values Qualities & behaviours Trust Teamwork & listening Respectful relationships Online relationships Peer pressure Media portrayal of relationships Diversity of families</p>	<p>Relationships Managing strong feelings Sexuality inc. LGBTQIA+ Media portrayal of sexuality Grooming & sexual harassment Equality Act Conflict management Effects of change & loss Marriage & civil partnership</p>	<p>Sexual Relationships & Consent Sexuality Intimacy Pleasure Expectations Advice & support available Contraception Faith & cultural norms</p>	<p>Sexual Abuse Diversity of values Consent Grooming Sexual harassment Rape Sexual images & sexting Pornography & revenge porn Body shaming FGM Legal rights, responsibilities & protection</p>	<p>Complex Relationships Managing strong emotions Healthy sexual relationships Change in relationships Managing grief Complexities of online relationships Domestic abuse Parenthood Adoption & fostering Abortion & range of beliefs</p>
	<p><i>Online relationships</i></p> <p><i>Being safe</i></p> <p><i>Internet safety and harms</i></p>	<p>Bullying Recognising behaviours Unwanted contact Equality, diversity & inclusion Online bullying Challenging bullying Seeking support</p>	<p>Online Safety Online bullying Online risks Influence of media & social media Fake news Reporting & support available</p>	<p>Conflict Managing conflict Anti-bullying Gangs Weapons The Law and young people</p>	<p>Abuse Influence, manipulation, persuasion & coercion The law inc. coercive control Responsive strategies Domestic abuse Forced marriage Honour-based violence Tackling prejudice Human trafficking County lines</p>	<p>Radicalisation Wider picture Extremism Prevent Islamophobia</p>
Living in the Wider World	<p><i>Internet safety and harms</i></p>	<p>Equality, Diversity & Inclusion Stereotyping, bullying & discrimination Challenging stereotypes Respect Prejudice based language Inclusion Anti-racism</p>	<p>World Religions (Year 7&8 RS Curriculum)</p>	<p>Global issues & human rights (Year 8&9 RS Curriculum)</p>	<p>Celebrating other cultures & religions World religions British Values Cultural events & influences</p>	<p>Discrimination Roots in history Challenging prejudice & discrimination Black Lives Matter & other movements</p>
		<p>Digital Footprint Blurred public & private boundaries Perception of anonymity Online bullying</p>	<p>Media Influence Benefits & risks of social media Risk of obsessive comparison Appropriate response Impact & case studies</p>	<p>Fake News Seeking a variety of perspectives Exaggeration Influence of extreme views on behaviour</p>	<p>Personal Data Rights & responsibilities GDPR Protecting your personal & professional reputation online Directed advertising Managing your online presence</p>	<p>Preparing for adulthood 2 Rights & responsibilities at work Budgeting & Financial risk Housing & accommodation Problem solving & computational thinking skills Young drivers</p>
		<p>Study skills Organisational, research & presentation skills Targets & goals Enterprise</p>	<p>Finance Financial decisions & risk Debt Perception & emotions Social & moral dilemmas Financial exploitation</p>	<p>Careers GCSE options Routes into work Attributes that employers value Stereotypes & cultural expectations Employment rights</p>	<p>Self-Awareness Acting upon feedback Assertiveness Media influence on body image</p>	<p>Health Issues Emergency first aid Emergency services Suicidal ideation Self-harm Self-check & screening Unplanned pregnancy Miscarriage Drugs & alcohol abuse</p>

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Autumn 1	Identity Transition Growth mindset Self Esteem & Anxiety Puberty Children's Rights + Parliament Extremism, Radicalisation and the law	Mental Health Resilience Impact of Social Media Emotions Body Image Stress-good & bad stresses Eating disorders	Emotional wellbeing Emotional wellbeing Resilience Empathy & support coping strategies Managing change Loss & bereavement	World of Work Labour market Apprenticeships Employment sectors Teen employment CVs + employability CVs + employment	Preparing for Adulthood - Part 1 Post 16 options Rights and responsibilities at work Making a budget (payslips) Financial risks (Loans, mortgages, gambling) Young drivers Revision techniques
Autumn 2	Bullying & Digital Footprint What is bullying Offensive behaviour & language Bullying Behaviour Homophobic & racist bullying Body shaming Cyberbullying Impact of social media Online gaming / online relationship	Online Safety Cyberbullying Social media & law Phishing & cyber attacks Advertisements Grooming Online gaming Cat fishing Representation online	Conflict Anti-bullying Fight, flight, freeze, fawn Managing conflict Debating skills/ child on child abuse Gangs Weapons The Law & young people Prison, reform & punishment	Abuse Influence, manipulation, persuasion. Coers Domestic abuse Domestic abuse Domestic abuse Forced marriage & honour based violence. Human trafficking County lines Tackling prejudice	Managing Anxiety & stress Mock interview preparation Mock interview preparation Warning signs, pre-empt & respond Depression & Anxiety Coping strategies, positive & negative Managing Grief Supporting yourself & others Exam stress & revision skills
Spring 1	Citizenship British Government Voting Impact of Brexit Monarchy Homelessness	Media Influence Benefits & risk of social media Risk of obsessive comparison Power Vs. Purpose Reality TV and celebrity culture Villains & victims	Fake News Media bias & disinformation Real versus fake news Exaggeration & language use Innocent until proven guilty GCSE options	Discrimination & Radicalisation Fundamental British values Extremism & prevent Islamophobia and Antisemitism Subcultures Cults	Health Issues Emergency first aid Suicidal ideation & self harm Killed by my debt Drug & alcohol abuse Self check & screening Unplanned pregnancy, teen pregnancy & miscarriage
Spring 2	Friendships & Families Friendships: Qualities & behaviours Trust & respectful relationships Teamwork & listening Peer pressure Diversity of families Media portrayal of relationships	Relationships Sexuality including LGBTQ+ Marriage & civil partnership Grooming & sexual harassment Consent & boundaries Equality Act FGM & the law	Sexual Relationships & Consent Sexuality Intimacy & pleasure Expectations Faith & cultural norms Contraception	Sexual Abuse Consent Sexual images & sexting Pornography including revenge pornography Grooming & CSE Sexual harassment Rape	Complex Relationships Healthy sexual relationships Complexities of online relationships Domestic abuse Parenthood, Adoption & fostering Abortion & beliefs Exam stress & revision skills
Summer 1	Equality, Diversity & Inclusion Stereotyping & Discrimination Respect Prejudice based language Protected characteristics Refuges Inclusion: BLM, suffragettes, pride	Finance Bank accounts debt Financial decisions & risks Financial exploitation Spending safely in the digital world Homelessness	Influences on Health Sexual health & STIs Fertility & pregnancy Peer pressure Substance misuse Gambling The law	Healthy Choices Blood, organ and stemcell donation Diet Addiction Cosmetic procedures Body shaming FGM	Study Skills & Revision Exam stress & revision skills Exam stress & revision skills External Examinations
Summer 2	Healthy Lifestyles Physical activity & sleep Diet & dental hygiene Personal hygiene Risks of FGM Climate change - recycling, etc Climate change - protests Water safety, road & fire	Personal Safety Basic first aid CPR + defibrillators Drugs Alcohol & Tobacco Self harm Child Abuse - keeping safe Summer safety	Careers Routes into work Skills & attributes Employment rights Further & Higher Education Financial management Stereotyping in the workplace Links between Lessons and careers.	Personal Data What is GDPR Protecting your reputation online Directed advertising Rights H & S in the workplace WORK EXPERIENCE WORK EXPERIENCE	External Examinations